

Letter To Your Doctor

(Template Letter, to Help you
initiate Contact with your MD)

PROVIDED TO YOU BY:
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[Letter to Your Doctor Below] COPY PASTE EDIT AS YOU SEE FIT SEND TO YOUR MD VIA PATIENT PORTAL

Dear Doctor _____,

According to the [American Association of Physicians and Surgeons](#), “The NIH [National Institute of Health] dangerously, and contrary to evidence, recommends *no treatment* for COVID-19 unless a patient is hospitalized and in need of oxygen. But thankfully, a growing number of courageous physicians across America and around the world are stepping up to put patients first by offering *early treatment* in order to reduce hospitalizations and save lives.”

My goal is to do what I can to keep myself (or Loved One) from medical decline, because of COVID19. Because the CDC/NIH has failed to produce an outpatient/At Home Therapy Protocol for COVID19 I am attaching the medication list of the protocols, published by brave physicians worldwide that in the absence of any other recommendations, I intend to follow when I get COVID19.

If you want to learn more about the physicians who are publishing these protocols that I am interested in following, go to the following Links:

LEARN HOW TO TREAT COVID AT HOME HERE:

Read the [Guide to Home-Based COVID Treatment](#) prepared by the [Association of American Physicians and Surgeons](#).

Read [Dr. Zelenko's statement to the U.S. Senate Committee on Homeland Security](#)

**PROPHOLAXIS PROTOCOLS
SUGGESTIONS TO TAKE **BEFORE YOU GET COVID19****

[I Mask+ FLCCC Alliance Prophylactic Protocol:](#)

[Dr Teryn Clark's Wellness Protocol](#)

[Dr. Zelenko prophylaxis protocol](#)

[Prophylactic HCQ Protocol Dr Simone Gold](#)

[America's Frontline Doctors Pre-COVID19 Wellness Protocols](#)

[The Palmer Foundation HCQ Protocols-American Frontline Doctors](#)

[Ivermectin in Treatment of Covid19:](#)

[HOW TO GET IVERMECTIN](#)

TREAT COVID19 At HOME PROTOCOLS **AFTER YOU GET COVID**

[Budesonide Works: Full Treat Covid19 At Home Protocol](#) Using Inhaled Steroids/Budesonide with Covid19

[STOIC Trial from Oxford University – Budesonide use in 1st 7 days](#)

[AAPS GUIDE TO AT HOME COVID19 Treatment](#)

[I Mask+ FLCCC Outpatient/At Home Protocol I Mask+](#)

Dr. Zelenko's [treatment protocol](#)

Here is a list of [Additional Medicines with The studies embedded](#) which detail both the biologic plausibility supporting each adjunctive medicine, and the emerging clinical evidence base, demonstrating their impacts on survival in multiple critical illness states, including the emerging evidence for their use in COVID-19 [Multifaceted highly targeted sequential multidrug treatment](#) of early ambulatory high-risk SARS-CoV-2 infection (COVID-19)

For a More Technical Briefing: Watch the interviews of [Dr. Zelenko](#), [Dr. Risch](#), and [Dr. Marik](#).
Read the papers by [Dr. Zelenko](#), [Dr. Risch](#), [Dr. McCullough](#), and [Dr. Marik](#).

(You can get a more detailed list of Protocols specifically written for Doctors, from TheFaceOfCOVID19@gmail.com)

I would like for you to go ahead and order the following meds for me, so I can have them in stock at our home, before we are forced on quarantine, following a positive test. **The list attached includes:**

- [Budesonide](#) 0.5-1mg/2ml respules (enough for every 2hr prn then BID)
[Dosage determined by disease severity, not weight- 1mg q.2hr for severe COVID19 Cases]
- [Azithromycin](#) 500 mg. once a day for 5 days
- (OR) [Clarithromycin](#) 500mg Sig:1 Tab PO BID
- [Prednisone/Solu-Medrol](#) 1mg/kg every day (60mg for 5 days then taper) ([because there is data that suggests Covid patients 'languish on Dexamethsone, It is preferred you use Prednisone/Solu-Medrol](#))
- [Aspirin](#) 325mg/day (or Low Molecular Weight Heparin) (**High Risk patients consider use of stronger anticoagulants like [Heparin](#), [Lovenox](#) and, [Xarelto](#) or [Eliquis](#) for blood thinning**)

OPTIONAL MEDICATIONS TO ALSO ADD:

- [Colchicine](#) 0.6mg BID or [Fluvoxamine](#)
- [Bronchodilators](#) like, [Levalbuterol](#) (preferably) or [Albuterol](#) for Nebulization for Asthma & Resp Patients
- [Ivermectin](#) or [Hydroxychloroquine](#)
 - (Identify If I have [Contraindications to Ivermectin](#), or [Contraindications to HCO](#)
In order to choose which medication would be best suited for me for Prophylactic Protection)

-Oxygen Concentrator for Home Use

- Establish [Home Healthcare](#) for **IV Fluids at home**

-I need a [nebulizer](#) in my home for Budesonide Inhaler treatments, vs. a [Metered Dose Inhaler](#) -I need Face Mask and Tubing

Here is research published addressing using a Nebulizer for needed breathing treatments AT HOME for treatment of SARS CoV2: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7676318/>
[STOIC Trial from Oxford University](#) validating Dr. Richard Bartlett's research from March 2020 of the successful early use of Budesonide Inhalation in the prevention of hospitalization in COVID19 patients.

Because I am a high Risk person, due to age, and past history of medical issues you treat, I would like you to put me on the **Prophylaxis Protocol** of **Ivermectin** OR **Hydroxychloroquine/HCQ**

Prophylactic Ivermectin 0.2mg/kg

(One does on day 1, 2nd dose 48 hours later, then, 1 dose every 2 weeks.)

My present weight is: _____

See Ivermectin [Body Weight Conversion Chart](#)

If/When I get a Positive Covid Test, then please plan on putting me on [Ivermectin](#) 0.2mg/kg – 0.4kg/kg one dose daily, minimum of 7 days, continue daily until recovered, (14 days)

If using HCQ – Hydroxychloroquine (instead of Ivermectin)
Prophylactic HCQ

- **Hydroxychloroquine 400 mg.** twice a day on the first day + elemental zinc 50 mg. daily then
- **Hydroxychloroquine 400 mg.** weekly + zinc 50 mg. daily

Hydroxychloroquine tablets in the USA are 200 mg. Two can be taken together at the same time or separated by hours-days, as long as a person takes **400 mg weekly.**

* Currently there are studies underway to see if 200 mg weekly is sufficient.

Because I am high Risk, I need you to discuss with me a plan on administering one of the following Monoclonal Antibodies, within the 1st (8) eight days of Covid19

(Preferably, DAY 1):

-**Monoclonal Antibody Treatment Post Covid Diagnosis** (like [Regeneron](#), or [BAMLANIVIMAB](#) by Eli Lilly (Medicare/Medicaid/all insurances cover Bamlanivimab.

Anyone can get BAMLANIVIMAB **ADMINISTERED (through IV) AT**

HOME.) Please **Call Corum for**

Bamlanivimab at 866-799-5830 or Call

Regeneron, at www.RegenCOV.com

Please Discuss with me, taking the following...

Baby Aspirin 81mg daily prophylaxis for blood clot risk, until I test positive for COVID19, then, AFTER I test positive;

-discuss with me, adding stronger blood thinning protective meds, like:

* **Aspirin 325mg daily**, or **Heparin Injections** at home, or **Lovenox injections** at home,

I am presently taking the following Supplements Daily:

-**Vitamin D3** 1,000-3000 qd

-**Vitamin C** 1000mg BID

-**Quercetin** 250-500 mg/day (a replacement for HCQ, if HCQ is unavailable to you) -**Zinc** 50mg/day

-**Melatonin** 3-6mg (exclude if <25)

-**B-Complex Vitamins** with **Folic Acid**

-**Turmeric** 6-7g/day

-**Elderberry & Zinc** Gummies (<15yo)

Regarding Post COVID19 Immunity:

After I test Positive for COVID, please consider testing my Monthly COVID19 immunity levels that I gained after having the actual virus. You can discuss with me what you think is the best way of measuring my antibody levels, but, you can consider using the [AditxScore for Scoring the Immune-System](#), created by [Aditx Therapeutics](#) who developed the [AditxScore](#) for COVID-19 to try to detect natural immunity and vaccine-induced immunity to COVID-19. This will help me regarding whether or not the COVID19 Vaccines that are available, are necessary for me to consider as **COVID19 Survivor**. I anticipate that [I have Natural Immunity following having had COVID19](#). Scientist are not sure how long immunity may last, but have suggested [as long as a decade or longer](#). Needless to say if I have Natural Immunity, and am able to donate valuable plasma to treat other COVID patients, I have no need of a vaccine. Please keep that in mind, before suggesting I submit to an experimental vaccine.

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- Please Discuss with me [If I should even Consent to being Injected](#) with one of the COVID Vaccines
 - Please Read [Dr. Geert Vanden Bossche, International Vaccine Expert](#), Previous Head of Vaccine Development office, Germany, Chief Scientific Officer, Univac, [Discusses why we SHOULD NOT be Mass Vaccinating the healthy](#) with COVID19 Vaccines while there is still active virus circulating. (published March 11, 2021) [His Open Letter to the WHO. Dryburg.com on Bossche's letter.](#)

Here are my regular scheduled meds:

[List them here](#)

Here are additional supplements I also take daily:

[List them here](#)

Please address with me, any issues you have with these protocols for COVID19, and any conflicts you see with my present medications I am on, or my medical history.

I need you to have this discussion with me **now**. I do not want to have to fight for these therapeutics, once I get COVID19. My Goal is to stay home and get treatments.

Thank you for your consideration,