

Daily  
Nurses Notes  
Medication Management

(Print 7 copies/Family Member)

PROVIDED TO YOU BY:  
NURSE MICHELE

THEFACEOFC0V1D19@GMAIL.COM



## TO DO LIST:

1. **Print 7 Copies, One Per Day, for a full week of COVID management.**
2. **Put your 7 copies on a clipboard**
3. **Do this for every family member of your household.**
4. **Now you have your own personal nurse, right beside you all the way.**
5. **This Chart DOES NOT include Dr. Brownsteins 1<sup>st</sup> 4 Days of High Vitamin Protocols of Vit A, C & D.**
6. **You will need to write in those dose levels for the 1<sup>st</sup> 4 days, if you want to follow Dr. Brownsteins Virus Protocol for increased vitamins on Days 1-4.**

7. **If you have not already secured Prescriptions Needed for Treating COVID at home, DO SO NOW!**  
**When Speaking With TeleMed Docs or Your Own Primary Care Doc Consider Requesting the following Meds:**

- **Budesonide 0.5-1mg/2ml respules (enough for every 4hr As Needed then Twice a Day- 1 Week Supply)**
- **Azithromycin 500 mg. once a day for 5 days**  
**(OR) Clarithromycin 500mg Sig:1 Tab PO BID**
- **Prednisone/Solu-Medrol/ Methylprednisolone (NOT DEXAMETHASONE)**
- **Aspirin 325mg/day (or Low Molecular Weight Heparin) – See if they are contraindicated**
- **Ivermectin 0.2mg-0.4mg/kg RX Written according to the FLCCC Recommendations continue daily until you are recovered, (max 5 days)**

**CONTACT A Local Medical Supply Company (which can be reached even on weekends) for the following:**

**Oxygen Concentrator** -Standing Order for it to be delivered to your home upon, if/when report low PaO2 Pulse OX post Positive COVID19 Test <94%

- Or, you can buy one of your own, from [my Amazon Store](#). Their not cheap to own, \$200-\$400 but, at least if you need it, you have it.
- You can pay cash for rental of a Concentrator (~\$75/mo) \*\*\* Do not delay delivery over insurance \*\*\*
- Establish a Home IV Infusion Company to get **Hydration**
- (or) IVIG - Gammaglobulin Infusion w/I the first 5 days of COVID19
- **If you have a High Risk Profile, Immediately go to the Regneron Website <https://www.regencov.com/> and discover where you can received the infusion near you. Also, there is a Subcutaneous Injection Option that can be given AT YOUR HOME.**
- **I believe the Monoclonal Antibody Treatment (BAMLANIVIMAB by Eli Lilly is no longer available.**  
(Medicare/Medicaid/all insurances cover Bamlanivimab) Anyone can get BAMLANIVIMAB ADMINISTERED (through IV) **AT HOME.** )
- **Call Corum for Bamlanivimab at 866-799-5830**
- **If you think IVIG -GammaGlobulin would be a better option for me, for Early Treatment of COVID19 then, Convalescent Plasma or Monoclonal Antibody infusion, Please look into Trials using IVIG to treat COVID19 to see if I can qualify: I only know of these Two Trials: [\(1\)](#) [\(2\)](#).**

Be Sure to Check [my Amazon Store](#). If you are missing anything you need, and cannot get it locally.

Wishing you a Positive Outcome.

